



THE **SOM** foundation

Your support to the Som Foundation increases Central PA Family Support Services' ability to make an impactful difference in the lives of families and individuals in our community.

346 families and individuals were given the support and resources needed to achieve self sufficiency and a brighter future in 2017

6 FLEXIBLE PROGRAMS

that address all unique situations

90%
of those receiving emotional support through Central PA Family Support Services also lack basic needs that effect their ability to function as a family or in society



Need is non-discriminatory

ANYONE can find themselves in a hopeless situation at ANYTIME and need a little support

100% of your donation is used to directly benefit those in need

"Give a man a fish, and you feed him for a day. Teach a man to fish, and you feed him for a lifetime." Together we can do both.

\$25 | New shoes for a child or food for a family to get through the weekend

\$50 | Gas for the week so doctors appointments, counseling sessions, school meetings and custody hearings are not missed

\$85 | Hour of emotional and behavioral support services that create self sufficiency

\$100 | Trash removal to create a safe, clean environment for kids to grow up in

\$300 | Temporary shelter in a hotel until housing can be secured

\$500 | Car repair expenses so individuals can get to work and buy groceries for the family

\$750 | Keeps utilities on in the home and children safe from extreme temperatures and the threat of being moved to foster care

\$900 | Average rental assistance given to a family so they can make their first months rent plus a deposit